



PRESS RELEASE

For immediate release

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Rockridge presents “Family Guilt and Alzheimer’s”

Presentation geared toward helping family members care for loved ones and themselves

NORTHAMPTON, MA (April 10, 2007) – Rockridge Retirement Community is pleased to host Karen Buscemi, Geriatric Service Coordinator for Cooley Dickinson Hospital, who will present "Family Guilt and Alzheimer's: How to care for a loved one as well as yourself." The presentation is planned for 5 p.m. to 6 p.m. May 16 at Rockridge Retirement Community. The presentation is free and open to the public, and light refreshments will be served.

Buscemi’s presentation will address the guilt, denial and feelings of loss when a family member is diagnosed with Alzheimer's, as well as the importance of obtaining a proper diagnosis and seeking emotional support.

Buscemi, a psychiatric nurse practitioner, has more than 20 years of experience working with elders in a variety of settings, including acute care hospitals, nursing homes, and in the community. She currently manages the Geriatric Behavioral Health Outreach Team, which provides mental health services to patients and families suffering from a variety of mental

health disorders, including dementias such as Alzheimer's disease, as well as depression, anxiety, substance abuse and dependence, and various adjustment issues.

Rockridge Retirement Community, a not-for-profit community offering Independent Living, Assisted Living, Residential Care, and The Gardens, a neighborhood for those in need of memory support, is part of the Deaconess Abundant Life Communities, which has been serving seniors as New England Deaconess Association since 1889. Their communities – Rockridge; Rivercrest/Deaconess, Newbury Commons and Newbury Court in Concord, MA; The Groves in Lincoln, MA; Wesley Woods in Gilford, NH; Parkview on the Fells in Malden, MA; and Seashore Point in Provincetown, MA – employ over 500 people and serve more than 500 seniors through a range of housing and service options. Several other communities are in development in New England. For more information, call 413-586-2902 or visit the website at www.nedeaconess.org.